

My 'simply better' Pronunciation Method

Preparing to Practise



11 Fun and Effective Exercises to Improve your English Pronunciation



Introduction

So far, in this course, you have learned the EPA.

You have also learned the Method.

I have pointed out the difficult words that most learners have problems pronouncing.

And you have learned about stressed/unstressed words and sentences.

You have also had the chance to **practise** a selection of stressed and unstressed words and sentences.

I have also taught you about rhythm and intonation.

These lessons will help you when combined with the method.

The Method, as you have found out, is a way to practise your pronunciation of words correctly.

Your understanding and use of the phonemics of the EPA ensures you are pronouncing words and sounds correctly.

There is no guesswork—a very important thing.

Taking you a step further

Most of the practice so far in the lessons has been reading and 'saying' sentences and words.

But, I want to take you further.

I want to help you 'mix up' your pronunciation practice.

By all means, continue using the Method to say words correctly.

However, adding a set of exercises will help round out your pronunciation proficiency.

What's in this Section.

In this section, I will teach you 11 fun and effective exercises.

First, though, I want to give you a **Checklist** of items and activities to help you prepare.

Gather these things

- A bag or a small box to hold all your items in one place.
- A Notebook and pen/pencil
- A dictionary—an actual book (or access to an online dictionary)
- Voice recorder (perhaps an app on your phone)
- A mirror—a small hand held mirror is good enough
- A small whiteboard or a blackboard with a permanent pen and an erasable pen to make a weekly Practice Schedule. Or a large piece of paper or cardboard.
- Friends who want to practice pronunciation with you.

Finding a place and time to practice

Establish a **quiet place**, away from distractions (TV, your phone, other people talking).

Establish a **time that's good for you**. Allow at least 30 mins for daily practice.

If you want to practice with friends, make it at least once a week.

Arrange a suitable time for everyone.

So, that is your task for now.

- Gather the items, ask your friend/s to practise with you.
- Think about your practice environment and time.

There are 11 exercises; almost 2 weeks.

- As you learn about each one, mark them on a wall chart.
- Focus on one exercise a day.

[When you are ready, click or tap here.](#)

Open the PDF

Tongue Twisters

© Apex English Tutoring

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, transmitted in any form, or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior written permission of the publisher Apex English Tutoring.